



LEVEL 1 GUIDANCE NOTES

£2,500 available for a project lasting up to 6 months

Applications must be completed using Adobe Acrobat or Reader only

Funded by



Department of
Health

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**Community
Development
& Health Network**

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NOTE

1. Please adhere to the word count - you will be penalised if you are excessively over or under.
2. Applications must be completed using **Adobe Acrobat or Adobe Reader ONLY**.
3. Please email your application form to bcpp@cdhn.org by the closing date. An electronic signature is acceptable at this stage.
4. On submitting the application, there must be commitment from both the community and pharmacy partners to deliver the project.
5. Please keep a copy of your submitted application for your records.

1. Introduction to Community Development and Health Network (CDHN)

Our Vision A fair and equal society where everyone experiences their best health and wellbeing.

Our Mission Using community development to end health inequalities.

Our Values:

CDHN is committed to living the following values in all aspects of its work:

- **Social Justice**

We believe in a society based on fairness, where everyone is considered equal and our health and wellbeing is not determined by where we are born, live or work. We are committed to creating the conditions where people can have more control of their own health and wellbeing and have a voice in decisions that affect them.

- **Diversity**

We are committed to celebrating diversity across the organisation and in the communities we serve.

- **Integrity**

We believe in being open, honest and accountable in all our interactions and building relationships based on trust and mutual respect.

- **Collaboration**

We believe that working in partnership with members and other organisations is the best way of ending health inequalities.

To avail of BCPP funding, the community and pharmacy partner must:

- Agree to CDHN Statement of Values

2. Building the Community-Pharmacy Partnership (BCPP)

The Building the Community-Pharmacy Partnership (BCPP) Programme is led by CDHN and funded by the Department of Health, Strategic Performance and Planning Group (SPPG), with strategic direction provided by a multi-agency Steering Group.

BCPP Aim: To bring pharmacy and community together to reduce health inequalities using an asset-based community development approach.

BCPP Strategic outcomes	BCPP Project outcomes
1. Project participants are enabled and supported to achieve their full health and wellbeing potential	<p>1.1 Participants' health literacy is improved</p> <p>1.2 Participants have improved understanding of the social factors (for example, money worries, housing, stress) that can influence health (social determinants)</p> <p>1.3 Participants are more confident to self-manage their health and take action on factors which influence health</p> <p>1.4 Participants have improved knowledge of services and support for health and social issues</p> <p>1.5 Participants' health and wellbeing is improved</p>
2. Pharmacy is enabled and supported to fulfil their role as advocates for public health within communities	<p>2.1 Pharmacists are more aware of health issues in the participants' community</p> <p>2.2 Pharmacists have better understanding of the context and conditions of people's lives and factors that influence health (social determinants)</p> <p>2.3 Pharmacists have improved health literacy understanding and skills</p> <p>2.4 Pharmacists have improved knowledge of services and support for health and social issues and are better able to signpost patients</p> <p>2.5 Pharmacy services are better utilised</p>
3. Community partners are enabled and supported to recognise and address health inequalities in their community	<p>3.1 Community partners are more aware of health issues in the participants' community</p> <p>3.2 Community partners have better understanding of the context and conditions of people's lives and factors that influence health (social determinants)</p> <p>3.3 Community partners have improved health literacy understanding and skills</p> <p>3.4 Community partners have improved knowledge of services and support for health and social issues and are more able to signpost/ refer people in their community</p>
4. Social capital is increased to build connected and engaged communities	<p>4.1 Participants have an improved sense of connectedness and belonging</p> <p>4.2 Participants develop new skills, knowledge and experience in their community</p> <p>4.3 More equal relationships are developed between the participants, community partner and pharmacy</p>

What is BCPP?

BCPP supports communities and Community Pharmacists to work in partnership to address locally defined needs so that people make connections, listen to and understand each other better and work together to address the social determinants of health and health inequalities.

What approach is used in BCPP projects?

The programme uses an asset-based community development approach bringing people and communities together to achieve positive change using their own knowledge, skills and lived experience around the issues they encounter in their lives. We recognise that health is impacted by a wide range of factors and the BCPP programme aims to address health inequalities by championing action across these social determinants. Co-production is key and the most successful projects are the ones where the power balance shifts and the Pharmacist and community see each other's strengths and assets. This breaks down the patient/professional barrier and gives the Pharmacist an opportunity to learn about the group and hear their stories.

Why Pharmacy?

The role that community pharmacies play in delivering primary care and in educating and engaging with local communities is continually developing in both the health care and community and voluntary sectors. They have a unique position within their localities of being the 'open door' to the Health Service. The policy direction for Community Pharmacy is clearly that it will play a greater role in contributing to better health and wellbeing in the community. We believe that the local pharmacy is an important community resource where advice and support can be accessed on health and general wellbeing, as well as being somewhere that people can be signposted to other services. The community pharmacy is increasingly recognised and used in this way. The Pharmacist, their staff members and premises are easily accessible to all including those who are most vulnerable and find it more difficult to navigate other areas of the health care system.

BCPP projects provide a fantastic opportunity to explore the potential of community pharmacy in this role and to begin to build relationships between pharmacy and community partners to see how we can engage creatively with those most vulnerable to poor health (the poor, the elderly, those with young children and other marginalised groups such as those with disabilities, mental health problems and their carers). It also allows the opportunity to engage and learn from other community and voluntary sector organisations.

What type of projects are funded by BCPP?

BCPP projects are very diverse. They engage with many different communities, such as women's groups, people who are homeless, victims of violence etc. in different areas (rural and urban) around different issues, for example, poverty, bereavement, social isolation, but the model of working does not change.

Who do BCPP projects work with?

In each project, the community and pharmacy partner will engage with a small group of **12-15 individuals**. This size is perfect for group work as in a small group, participants feel safe to engage and discuss what are often very personal issues about themselves and their families. **Group work is core to the success of the programme.** When people meet and engage with others in similar circumstances as themselves, it reduces

blame and hopelessness. They realise they are not alone or ‘bad’ and this gives them the support to make small changes and the opportunity to address bigger issues together. A key element of BCPP is that the community partner and the Pharmacist understand the context and conditions of people’s lives. This enables them to improve their health literacy and offer support that is relevant and timely. The partners will learn from the participants about health issues in their community and together they will identify individual and local assets that can tackle these.

Building trust and developing relationships is a core part of every BCPP project. As the sessions take place in a community and with the community partner, the Pharmacist can build on existing relationships.

What is the timeline for applications and funding?

The BCPP funding programme is ongoing, this means that applications can be made at any time and the application process is always open. There will be two closing dates for Level 1 each year, these will be advertised on the CDHN website and social media channels.

After the closing date, applications are internally assessed and prepared.

BCPP Level 1 Application and approximate funding timeline					
	Closing date	Assessment	Notification/ Contracts	Funding distributed	
				80%	20%
February Round	February	March	April	April	September

What is the difference between Level 1 and Level 2 BCPP projects?

Level 1 projects are BCPP taster projects, they give partners the opportunity to get a flavour of a BCPP project without committing to a full project (Level 2). In Level 1 projects, partners are able to explore how they work together, the management of the project, organising the sessions, working with the group and the evaluation, monitoring and reporting requirements. It also allows the partners to work with people in their community to identify the need for a Level 2 project, the topics or issues they would like to explore further and whether there is an interest from people in the community to commit to a full BCPP project.

What is the commitment for pharmacy to BCPP projects?

- **Level 1:** There is a set Pharmacist commitment for Level 1 projects that cannot be changed.
- **Level 2:** There is a Pharmacist commitment guide for Level 2. We would like all projects to follow this guide, however, we recognise that this may not always be suitable. If a project wishes to deviate from this commitment, the reasons must be stipulated clearly in the BCPP application.

Can organisations who have previously received Level 2 project funding apply for Level 1 funding?

Normally not, however, you will be eligible to apply again if:

- you are working with a different partner for the first time, i.e. a new Pharmacist or community partner
- you are working with a different group (perhaps women the first time and men the second time)
- a group with very different issues/needs to the previous Level 2.

In such instances, you will need to demonstrate clearly on the application why you feel there is a need for another Level 1 project.

Can you apply for Level 2 funding without having a Level 1 project?

Yes, some organisations have the knowledge, understanding and capacity to deliver a Level 2 without first delivering a Level 1.

What are the key differences between a Level 1 and Level 2 project?

The key differences between Level 1 and Level 2 projects are summarised in the following table:

	Level 1: BCPP taster	Level 2: BCPP full project
No of groups	1	1
No of participants in group	12-15 (max)	12-15 (max)
Maximum grant	£2,500	£12,000
Project length	Max 6 months	Max 12 months
Reporting requirements	<ul style="list-style-type: none"> • One final report 	<ul style="list-style-type: none"> • One mid-way report • One final report
Evaluation requirements	<ul style="list-style-type: none"> • Community partner questionnaire • Pharmacy partner questionnaire 	<ul style="list-style-type: none"> • Community partner questionnaire • Pharmacy partner questionnaire • Participant START questionnaire • Participant END questionnaire
Pharmacy commitment	Set Pharmacist commitment	Pharmacist commitment guide
Pharmacist led sessions	4	10
Pharmacist co-delivered/attended sessions	Half day <ul style="list-style-type: none"> • One half day session with a community/voluntary organisation 	4 x half day community/voluntary sessions (2 days)
Pharmacist mandatory training	n/a	2 days
Pharmacist planning and evaluation days	1 ½ days	3 days
Total pharmacy commitment	6 days	17 days

3. Background information

Who can apply?

BCPP funding is open to constituted community/voluntary organisations and community pharmacies based in Northern Ireland. Projects must be a partnership between a community/voluntary organisation and a community pharmacy. Either can be the lead applicant but both partners must be named in the application form.

A constituted community/voluntary organisation is a group which may be run on a voluntary basis and is set up as an organisation with a management committee, constitution and its own bank account. A copy of the constitution is required with the application.

The community pharmacy must hold a current contract with HSCB. Qualified Pharmacists not associated/affiliated to a pharmacy holding a HSCB contract are not eligible to apply.

Who is not eligible?

- Private companies and statutory organisations.
- Third party applicants, for example, an organisation applying as lead partner to deliver the project in a different community organisation. The community organisation itself or the pharmacy must be the lead partner.

What we fund

- Level 1 funding is for a grant of up to £2,500 for a project that can last up to six months.
- A community/voluntary organisation and a community pharmacy to work in partnership to deliver a five-session project to the same core group of people.
- Five sessions - four are led by the pharmacist and one is co-facilitated by the pharmacist and an external community/voluntary organisation.

What we do not fund

- Health fairs
- Projects that work with a different group of people every session
- Projects with more than 15 people in a group
- Projects with more than one core group
- Projects seeking to enhance sports performance or focus only on lifestyle issues
- Capital equipment

What is the funding criteria?

- A concise aim and summary of the proposed project
- An identified community need
- Clear partnership working between the pharmacy, the community and the participants (co-production)
- One only external community/voluntary organisation
- A clear plan for recruiting participants and keeping them engaged
- A clear vision of the difference the project will make, which is in line with BCPP outcomes
- Realistic costings that relate to the overall application and activity
- Overall value for money regarding what the project aims to achieve

Refusal of Grant

Grants may be refused for the following reasons:

- The proposed project does not meet with BCPP funding criteria.
- The application form is incomplete.
- An old BCPP application form has been submitted. Please ensure you have downloaded the correct application for the funding round.
- The application form is a copy of a previous form you submitted to CDHN.
- The application does not meet the minimum scoring.
- Previous BCPP project outcomes and/or reporting requirements were not satisfactory.
- The lead partner has an open BCPP project.
- Sometimes demands on BCPP grants outstrip the funds available and this means that some good applications, while meeting the criteria, may not be successful. In this case, funding will be awarded first to those with the highest overall score.

4. Question by Question Guide

PART 1: Partner Information

1.1	Provide details of the Community Partner (community/voluntary organisation) and Pharmacy Partner applying. Tell us who will lead the project – either the Community or Pharmacy Partner. The lead partner will be the main contact person who can give more information on the application. If successful, the contract will be with the lead partner and they will be responsible for managing the budget and returning all financial documentation, monitoring information and evaluation forms to CDHN.
1.2	This question is to ensure the community/voluntary organisation or community pharmacy applying are eligible to receive a grant, otherwise the application will not pass the basic criteria assessment. <ul style="list-style-type: none">• If you are a group, you must be constituted so please attach a copy of your constitution with your application.• If you are a pharmacy, you must have the approval of the Pharmacy Contract Holder.
1.3	If you are a community/voluntary organisation, please provide the Assessment Panel with a brief history of your organisation and of the work you are currently carrying out. This information will give the Panel an insight into the work of your organisation and how this may contribute to and complement the work of your BCPP project.
1.4a	Please state Yes or No to let us know whether the lead partner has previously received a BCPP grant.
1.4b	If the lead partner has previously received BCPP funding, tell us how many times they have been funded at each Level. An organisation, as a lead partner, can receive Level 1 funding on a maximum of two projects.
1.4c	It is important that you reflect on previous projects, review the outcomes from your project/s and the feedback from partners and participants. You will need to demonstrate how you will apply the learning in the design and delivery of the new project.
1.5	Please state how many paid staff (if any) there are in the partner organisation.

PART 2: Assessment

2.1a	Tell us which Health and Social Care Trust area/s your project will cover.
2.1b	Tell us which Council area/s your project will cover.
2.1c	Is the project in an urban or rural area or across both areas?
2.2	We need the Super Output Area (SOA) as we record the areas we are working in and we map this to the Multiple Deprivation Measure (MDM) index. You need to provide the SOAs that your participants live in or come from, not just where your premises are based.
	<p>To find your SOA and MDM rank: Visit: www.nisra.gov.uk</p> <p>Step A: Select 'NIMDM 2017 Lookup Tool' under Quick Links on the right hand side</p> <p>Step B: Type your area postcode into the search bar.</p> <p>Step C: The information required for application is 'Multiple Deprivation Measure' which is circled in red.</p>

The screenshot shows the NISRA website interface. At the top, there is a navigation menu with links for Home, Statistics, Publications, Census results, Selected for a survey, and Contact us. Below the navigation is a 'News' section with two articles about weekly deaths tables. To the right is a 'Quick Links' section with several links, including 'NIMDM 2017 Lookup Tool', which is circled in red. Below this is a search bar and a 'Go' button. The main content area shows the 'deprivation.nisra.gov.uk/MDM/Details?id=BT34+1EY' page. This page has a header with the NISRA logo and navigation links for Home and Contact. Below the header is a 'Deprivation 2017' section with an 'About' link. The main content area displays the following information for BT34 1EY:

Super Output Area (SOA)	St Mary's
Urban / Rural Classification	Urban
Super Output Area Population 2017	2,391
Local Government District (LGD2014)	Newry, Mourne and Down

Below the table is the 'Multiple Deprivation Measure' section, where the 'Deprivation Rank - rank 207 out of 890' is circled in red. A horizontal bar chart shows the rank relative to the domain, with 'Most deprived' on the left and 'Least deprived' on the right. Below this is the 'Deprivation Domain Ranks' section, which includes the text: 'The black line on the illustration represents the Deprivation Rank of this SOA within the domain.' and a bar chart for the 'Income Deprivation Domain - rank 334', also showing 'Most deprived' to 'Least deprived'.

2.3 Specify the target group you hope to work with and the issues you plan to address.

List the people who will make up your target group (for example, men, women, young people, mixed age and sex, older people, people at risk of homelessness, street drinkers) and the issues you plan to address (for example, mental health, sexual health, isolation, housing, poverty)

2.4 Provide a concise aim and summary of your proposed project.

Please make your aim and summary concise and focused as it will give the Assessment Panel a clear picture of what the project will entail. You should articulate clearly what you want to do and how you are going to do this. It should include things like the number of sessions, the number of people in your group, the approach you will use and the role of partners.

2.5 Tell us why there is a need for this project.

Provide information on why there is a need for this BCPP project in YOUR area. In each of the following, think about need in relation to health but also in relation to the wider determinants, for example, housing, community infrastructure, income and education and how these impact on the health of individuals and communities being targeted.

All relevant information to evidence the need for your project should be included, for example:

- Evaluation reports, workshop and focus group findings and anecdotal evidence from your proposed core group which evidence a need for work in this area. If you have received BCPP funding before, please include information from your project impact report. Contact us if you need a copy of this report.
- Anecdotal evidence heard through your conversations within your community about issues that you think could be addressed through BCPP. If a particular approach is being used, for example, music or gardening, please provide evidence as to why you think this approach will help this project.

Tell us why you want to work with the Pharmacist and other external organisations. This should demonstrate how you think that working together will address the identified needs. It will also enable the Pharmacist and community partner to utilise their knowledge of the needs of the participants and what gaps in services and support this project could fill.

When explaining the need, look beyond the presenting issue (disease, lifestyle or medication issue) and think more about the person, the target group and the situation in which they are living and how this is impacting on their health. These factors must be taken into consideration in your BCPP project as they will have an impact on how any community-pharmacy partnership is planned and delivered.

EXAMPLE

We are in a deprived area (provide statistics) with a high number of single mothers (statistics). We hold a weekly parent and toddler group and it has become clear through conversations with the women that they have many health issues, for example, post-natal depression, poor sleep, understanding children's medication, weight. However, when we spoke to them further, it is clear that they are faced with other factors such as damp housing, no access to transport, no family or social network to support them and are living on a low income. We hope to get Citizen's Advice in to talk about how to manage money and by working with them and the Pharmacist, we will be able to address the wider health needs of the group.

2.6 How will the Pharmacy Partner contribute to the project?

It is important to detail how the pharmacy partner will be involved in the project from planning to evaluation. Be specific about their involvement and their unique contribution. Think about the type and amount of work the pharmacist will take part in e.g. number of sessions with groups, one to one support, referral etc. Also, consider the type of input and range of health issues the pharmacy may be able to contribute to.

2.7 How will the Community Partner contribute to the project?

Tell us how the community partner will be involved in the project. If the community partner is the lead partner, detail how they will be involved in managing, providing co-ordination and evaluation. Be specific about what they will contribute and how they will engage using a community development approach. This also gives you the opportunity to tell us about the work your organisation currently carries out and how this may add to the value of your project.

2.8 Which external community and voluntary organisation do you hope to work with for one session and why?

Think about your target group and their needs. This will help you determine the external community/voluntary organisation that you could work with for one session. What services do organisations provide that could benefit the project?

For example, mental health – AWARE NI; suicide prevention – PIPS; benefits advice - Citizens Advice Bureau; older peoples' issues – Age NI.

2.9 Budget

There is a set budget of £2,500 for projects. The funding is to facilitate delivery of the project and is not for capital equipment.

Item	Details including number of hours, rate per hour/day and number of sessions etc.	Cost
Pharmacy Partner	1 and a ½ day planning session (£300) Lead on 4 sessions (planning & delivery) x £200/day 1 co-facilitated session (½ day x £100)	£1,200
Community Partner Costs	Management and admin, overheads, room hire and hospitality.	£900
External community and voluntary organisations, groups and agencies	Eg, PIPS, Extern, Aware	£150
Monitoring and Evaluation	Completion of BCPP mid-way and final monitoring reports, partner questionnaires and participant questionnaires	£250
Total		£2,500

Pharmacy Partner rates are paid at £200 per day

- For each pharmacy led session, BCPP allows a half-day for preparation and half-day for delivery, this equates to a total full day rate of £200.
- For a pharmacy co-facilitated session that requires no preparation and is led by an external community/ voluntary organisation, BCPP allows the pharmacy partner a half-day rate of £100.
- In level 1 projects BCPP also allows the pharmacy partner a day and a half (£300) for planning.

Community Partner costs - neither management nor administration costs should exceed £25 per hour. We do not meet salary costs for posts in community and voluntary organisations where funding is already in place from another source.

External Community Partners are paid at a max of £150 per session to cover time and travel of a representative to come along to engage with the group.

Monitoring and Evaluation - Level 1 BCPP projects are required to complete a final Monitoring Report and the Pharmacy and Community Partner questionnaires. The completion of these documents is allowed in your costs.

2.10	CDHN provides specific guidelines and training in relation to evaluation. There is a mandatory requirement for both partners and the group participants to complete evaluation questionnaires. BCPP staff will provide training on this. Please mark 'Yes' to confirm your commitment to meeting BCPP evaluation requirements.
2.11	CDHN provides specific guidelines and training in relation to managing finances. All BCPP projects must complete the monitoring report provided and follow the rules of reporting. Please mark 'Yes' confirm that you will use the BCPP financial procedures.
2.12	Both partners can accept free membership of CDHN and receive the CDHN ezine with up-to-date information on funding, training and events. Please mark 'Yes' to confirm you understand you can access free membership. Your data will be processed in line with GDPR requirements (please refer to CDHN's Privacy Notice for further information).
2.13	BCPP projects must adhere to BCPP publicity guidelines and take part in publicity for BCPP when appropriate. Please mark 'Yes' to confirm that you understand.
2.14	If you have had your accounts audited by an external Auditor, please mark 'Yes'. If you marked 'Yes', please send a copy of your audited accounts. If you marked 'No', please send a copy of your most recent bank statement to enable us to ensure your organisation is solvent and able to receive grant funds.
2.15	<p>Projects are encouraged that will pro-actively endorse and not exclude Section 75 groups. Section 75 requires public authorities carrying out functions that relate to Northern Ireland to have due regard for the need to promote equality of opportunity between:</p> <ul style="list-style-type: none"> • persons of different religious belief, political opinion, racial group, age, marital status or sexual orientation • men and women generally • persons with a disability and persons without • persons with dependants and persons without <p>Please mark 'Yes' or 'No'</p>
2.16	Your application should indicate clearly if the project intends to work with children or vulnerable adults at any stage. If it does, you need to ensure that you have the appropriate policies and procedures in place regarding working with children or vulnerable adults. Please note you may be required to provide evidence of this policy/procedure. Please mark 'Yes', 'No' or 'Not Applicable'.
2.17	Your application should state clearly if it involves volunteers. If it does, you need to ensure that you have the appropriate policies and procedures in place regarding working with volunteers. Please note you may be required to provide evidence of this policy/procedure. Please mark 'Yes', 'No' or 'Not Applicable'.
2.18	If you are providing childcare directly related to this BCPP project you need to ensure that you have the appropriate policies and procedures in place to support the provision of childcare. Please note you may be required to provide evidence of this policy/procedure. Please mark 'Yes', 'No' or 'Not Applicable'.
2.19	Your application should state clearly if it provides support services. If these services will be offered through BCPP, please ensure the services offered comply with the principles of good practice as laid out by the HSCB. Please note you may be required to provide evidence of this policy/procedure. Please mark 'Yes', 'No' or 'Not Applicable'
2.20	This must be completed and signed by the Pharmacist who will be working on the project. The participating Pharmacist must work within the bounds of their profession when they are delivering the project.
2.21	By signing this you are agreeing you will adhere to PHA guidance and have appropriate protocols in place if meeting face to face with your core group.

Part 3: Applicant Declaration

This section must be completed before submitting the form. On signing, the applicant is declaring the information on the form is accurate, the organisation has the authorisation to accept the grant and to repay the grant in the event of grant conditions not being met. Where the applicant is a pharmacy employee, he/she should obtain the assurances of support and counter signatures required from the employing community pharmacy contractor.

All applications must be received by the closing date. CDHN must receive an email version, preferably with scanned signatures. If you are unable to include scanned signatures, we will accept an email version but this must be backed up by a posted copy with the signatures.

5. Information about successful applications

Successful applicants are required to take up the offer of the grant within two weeks of receiving the contract; otherwise Community Development and Health Network reserves the right to withdraw its offer.

Community Development and Health Network

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Community
Development
& Health Network



Department of
Health